

PAIN IN NEUROLOGY

Baltic Education Course
24 – 26 April 2014, Druskininkai, Lithuania

ENDORSED & SPONSORED BY:



SUPPORTED BY:

Estonian Pain Society, Lithuanian Pain Society
Latvian Association for the Study of Pain

EESTI VALU SELTS



START: 14:00 April 24th, 2014
END: 14:00 April 26th, 2014

LOCATION: Druskininkai, Lithuania
VENUE: www.grandspa.lt

OFFICIAL LANGUAGE: English
Translation services will not be provided

CERTIFICATION:



LITHUANIAN UNIVERSITY
OF HEALTH SCIENCES

Lithuanian University of Health Sciences
(11 hours)

REGISTRATION:

Registration ends 10th April 2014
15 places available (5 from each
country – Lithuania, Estonia, Latvia).
Registration free of charge.

**Please contact your local pain
society for registration details.**

TARGET AUDIENCE:

This course is targeted to support neurologists and pain management specialists from Eastern Europe Baltic countries: Estonia, Latvia and Lithuania. Medical doctors of other specialties as well as from other countries may participate only if they already have been trained within EFIC educational programs.

ORGANIZER:

Lithuanian Pain Society



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EVENT MANAGEMENT:

EDUCOR
ACADEMIC EVENTS

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24 – 26 April 2014, Druskininkai, Lithuania

FACULTY:

Prof. Manfred Zimmermann (Neuroscience)	Heidelberg, Germany
Prof. Roberto Casale (Neurorehabilitation)	Montescano, Italy
Prof. Aki Hietaharju (Neurology)	Tampere, Finland
Prof. Joanna Zakrzewska (Neurology)	London, UK
Prof. Inara Logina (Neurology)	Riga, Latvia
Mark Baschinsky, MD (Neurology)	Tartu, Estonia
Alfredas Vaitkus, MD (Anaesthesiology)	Vilnius, Lithuania
Assoc. prof. Arunas Sciupokas (Neurology)	Kaunas, Lithuania
Assoc. prof. Kestutis Petrikonis (Neurology)	Kaunas, Lithuania

DESCRIPTION AND OBJECTIVES:

The course "Pain in Neurology" is designed to provide medical doctors with specific information related to pain diagnostics and management in neurology practice. This is a higher level course for those physicians, who are involved in the management of neurologic patients or are dealing with neurology related pain and want to become experienced in the principles of interdisciplinary pain medicine as encountered in practice. Therefore, the overall objective is to increase and enhance participants' understanding of pain problems in neurology through the examination of the areas covered in the program.

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SCIENTIFIC PROGRAM AND PRELIMINARY AGENDA

DAY 1 (24TH APRIL 2014)

- | | |
|-------------|---|
| 14:00-16:00 | Accommodation, registration. |
| 16:00-17:00 | <p>Introductory session – Theoretical aspects of neuropathic pain</p> <p>Knowledge of pain theory leads to better understanding of practical issues related to pain. The introductory lecture will overview neuropathic pain mechanisms and will serve as starter for successful continuation of the course.</p> <p>prof. Manfred Zimmermann (Heidelberg, Germany)</p> |
| 17:00-19:00 | <p>Case presentations workshop</p> <p>The participants introduce themselves by providing case presentations. This is mandatory for everybody entering course. It is desirable to present clinical cases from own practice related to pain problems in Neurology and related to the topics of the course. All participants will be divided into two groups before beginning of case presentation theater; therefore, performances will take place in different halls. All participants will be asked to prepare abstracts of their presentations in advance.</p> <p>Tutors: assoc. prof. Kestutis Petrikonis (Kaunas, Lithuania)
assoc. prof. Arunas Sciupokas (Kaunas, Lithuania)</p> |
| 17:00-19:00 | Welcome reception |

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DAY 2 (25TH APRIL 2014)

08:45-09:30

First plenary session

Peripheral neuropathic pain (PNP)
prof. Aki Hietaharju (Tampere, Finland)

Central pain (CP)
prof. Roberto Casale (Montescano, Italy)

09:30-10:45

Tutorial 1. PNP case studies

This tutorial will examine diagnostic approaches and therapeutic options available to manage most common neuropathic pain syndromes: painful diabetic polyneuropathy, postherpetic neuralgia, limb nerve entrapment neuropathies (including complicated low back pain). Available guidelines and their application for practical use, in particular IASP NeupSig guidelines on Neuropathic pain, and EFNS guidelines on the pharmacological treatment of neuropathic pain will be discussed. Data from clinical evidence and case scenarios presented by participants will be used for learning purposes.

Tutors: prof. Aki Hietaharju (Tampere, Finland)
assoc. prof. Kestutis Petrikonis (Kaunas, Lithuania)

10:45-11:15

Coffee break

11:15-12:30

Tutorial 2. CP case studies

This tutorial is devoted to examine diagnostic approaches and therapeutic options to Central post-stroke pain (CPSP) caused by damage to, or dysfunction of the central nervous system (CNS), which may be due to stroke, multiple sclerosis, tumors, epilepsy, brain or spinal cord trauma, or Parkinson's disease. This tutorial will focus on existing guidelines for diagnosis and pain management in these pathologies affecting the central nervous system. Data from clinical evidence and case scenarios presented by participants will be used for learning purposes.

Tutors: prof. Roberto Casale (Montescano, Italy)
prof. Inara Logina (Riga, Latvia)

13:00-14:00

Lunch break

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DAY 2 (25TH APRIL 2014)

14:15-15:00	Second plenary session Headache (HD) and Facial pain (FP) prof. Joanna Zakrzewska (London, UK) Complex regional pain syndrome (CRPS) assoc. prof. Arunas Sciupokas (Kaunas, Lithuania)
15:00-16:15	Tutorial 3. HD & FP case studies This tutorial is devoted to examine diagnostic approaches and therapeutic options of most common primary headaches: migraine, tension type headache, and trigeminal autonomous cephalalgias, as well as facial pain problems, such as trigeminal neuralgia and atypical facial pain. The International classification of headache disorders (2nd edition) will be used as basic document for clinical discussions. Data from clinical evidence and case scenarios presented by participants will be used for learning purposes Tutors: prof. Joanna Zakrzewska (London, UK) Mark Brachinsky, MD (Tartu, Estonia)
16:15-20:00	Leisure time
20:00-21:00	Course dinner

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DAY 3 (26TH APRIL 2014)

- 09:15-10:30 Tutorial 4. Neuropathic pain programs at the pain clinics

 Tutors: assoc. prof. Arunas Sciupokas (Kaunas, Lithuania)
 Alfredas Vaitkus, MD (Vilnius, Lithuania)
- 10:30-12:00 Faculty panel discussions session

 Moderator: prof. Manfred Zimmermann (Heidelberg, Germany)
- 12:00-14:00 Farewell Lunch
 END OF THE COURSE

ABOUT DRUSKINIKAI

Welcome to a wonderful destination – a small resort town in southern of Lithuania!
Please visit www.druskininkai.lt for more information.

